



THE FOUNTAINGROVE CLUB

The FountainPen
A News Magazine For November/December 2019



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MISSION STATEMENT

The Fountain Grove Club's mission is to provide an exceptional private Club experience and support a healthy lifestyle in an environment that fosters fun, camaraderie, and community.

THE FOUNTAINGROVE CLUB

2019 BOARD OF DIRECTORS

PRESIDENT

Mark Herculson
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The Fountaingrove Club is,
proudly, Sonoma County's only
member-owned private facility.
We offer first-class services in
all of our outstanding amenities.
Members receive access to our
picturesque golf course,
state-of-the-art fitness
facilities and award-winning
dining program.



THE FOUNTAINPEN PUBLICATION

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MESSAGE FROM THE BOARD: NOMINATING COMMITTEE REPORT



MARK HERCULSON
Club President

Dear Voting Golf Members,

As earlier communicated to the Club membership, the 2019 Nominating Committee for the upcoming Board of Directors election consisted of myself, President Mark Herculson, as the Chair, Board Members Linda Nowak, Ryan Buxbaum and Tom Davenport, and Past President Randy Seelye. The Nominating Committee is charged with finding nominees who are able to act in the best interest of the Club and/or the Club's membership, and in accordance with criteria previously established by the Board.

Board Members Marshall Andrew, Tom Davenport and Mark Herculson complete their terms in December. The Nominating Committee, after a thorough review of application materials and in-person interviews, recommended the following slate of Nominees, and its recommendation was unanimously approved by the Board of Directors:

- Marshall Andrew, incumbent
- Iris Harrell
- Michael Fish

The Nominating Committee focused on criteria and skills of the candidates that would best serve the club. This included the ability for the directors to be collaborative, strategic and possess the ability to address complex situations from a global approach. The ability of a candidate to replace the skillset of departing directors was also considered. Successful candidates needed to demonstrate an ability to operate at a strategic level and empower management to be responsible for daily operations consistent with the Club's Strategic Plan. Each nominee also has extensive prior Board and Committee level experience, whether at our Club or elsewhere. There were more candidates than Board seats available, and the Nominating Committee is confident the three nominees it recommended best reflect the needs of the Club today and for the upcoming three years.

Following the October 15 announcement from the Nominating Committee, the election process included the opportunity for a member at large to petition the Board for entry on the ballot. The Board received a letter of intent from a write-in candidate to be included on the ballot for the 2020 Board of Directors. The petition included over 25 signatures of voting members and fulfilled the criteria necessary to be added to the ballot. I'm happy to announce that Tom Hakel will be added to the slate of candidates for the 2020 Board Directors. Look for information regarding voting for the 2020 Board soon.

We are eager to begin building our maintenance facility, aside from our frustrations with our insurance carrier for the delay. We are all optimistic about the future of our Club, and the quality of the directors and governance of the Club is at the forefront of our success.

MEET THE SLATE: 2020 BOARD OF DIRECTORS



Marshall Andrew
***Incumbent**
Nominating Committee
Recommendation

Marshall has served on the Board of Directors for the past three years, currently as Vice President. During that period he has also served on the Finance Committee, chaired the Food & Beverage Committee and most recently chaired the Strategic Planning Committee.

The most significant contribution was the development of The Fountaingrove Club Five Year Strategic Plan which helped define the mission, vision, key goals and primary strategies for our Club. This has played a major role in setting direction and priorities for our Club's future success while supporting a private Club experience and Members, who are the Owners of the Club.

After losing his home to the 2017 Tubbs Fire, he continued to serve on the Board and took a personal interest in the rebuilding of our Club and facilities. He now serves on the Steering Committee, which has the task and challenges of rebuilding our Club House and expanding Athletic Facilities.

He relies on his experiences in management, financial planning, strategic planning, communications, and working in a team environment to meet the challenges and create success while always trying to keep a sense of humor.

He would like to continue his journey serving on the Board and contributing to the projects focused on Membership Retention & Growth, Rebuilding our Facilities, achieving high levels of member satisfaction, and ensuring financial viability, making The Fountaingrove Club the premier golf & athletic venue in Sonoma County.

Iris Harrell has been a member of Fountaingrove Club since winter of 2015.

She moved to Santa Rosa in December, 2015 after selling her 30 year old design/build construction company to her 36 employees through an ESOP.

Her wife of 40 years is Ann Benson, who had also been her business partner in the construction business after working at Stanford University.

Iris has been a high school teacher, a musician on the road and a general contractor in her career days.

She and Ann have bought, sold & developed commercial properties for their company to operate in during its rapid growth from 1985 to 2015.

While living in Silicon Valley, she has served on non-profit boards (example-YMCA), boards of other California construction companies, and chaired the design committee of her Portola Valley home HOA.

She now lives in Oakmont and chairs the Building Construction Committee for all of Oakmont's public facilities.

And by the way, she loves to play golf and pickleball!

Michael J. Fish is an attorney and partner in the bay area law firm of Merrill, Arnone & Jones LLP where his firm emphasizes civil litigation and transactional work in the fields of business, banking, commercial transactions, real property, construction, family law, estate planning and attorney-client fee disputes.

He is a court appointed arbitrator and a Chair Arbitrator of FINRA (formerly NASD and NYSE). He formerly served as a judge-pro tem for the Marin County Courts and is a past Chair of the State Bar of California Mandatory Fee Arbitration Committee. He also serves as an expert witness in fee disputes between attorneys and their clients.

Michael is a member of the Rotary Club of Ignacio. A dedicated Rotarian since 1987, Michael is a Past District Governor (1999-2000).

Michael has received three Rotary Presidential Citations and, for his humanitarian work, is a recipient of two of The Rotary Foundation's highest honors ---

- the Citation for Meritorious Service and
- Distinguished Service Award.

He served as Chairman of The Board of Rotaplast International, Inc., which provides free cleft palate and cleft lip surgery to indigent children abroad.

Michael is married to Gina (also a Rotarian [and Club President-Elect]) and has three children- Lindsey (31), Megan (31), Aaron (36) and Dylan (12). He loves fine dining, fine wine, sports, golfing, attending San Francisco Giants games and is an enthusiastic outdoorsman. An avid pilot, Michael loves to travel.

Michael considers The Fountaingrove Club as his other home.



Michael Fish
Nominating Committee
Recommendation

Tom joined The Fountaingrove Club ("TFG") in May of 2017. He joined because he loved the Athletic Center, the golf course layout (and its inherent challenges) and most of all the many members that Tom knew from his over 40 years living and golfing in Sonoma County.

Shortly after joining TFG, Tom started inviting guests on a weekly basis to share the Fountaingrove golf experience. At the time, the Club was very much looking for new members and Tom spearheaded the communications and personal recruiting efforts that ultimately resulted in over 25 new members joining TFC in the month of September 2017 – just weeks thereafter, the devastating Tubbs fire changed everything. After the fire, Tom was invited to join the Membership Committee and has very actively served in that role since that time, helping to not just maintain but more importantly to grow TFC's memberships.



Tom Hakel
Write-in Candidate

Tom desires to join the Board because he wants to have a hands-on role to ensure that over the next three years TFC becomes one of the preeminent golf & athletic clubs in Northern California. He is a huge supporter of the vision that has been established for TFC and wants to make certain its successful implementation. What differentiates Tom as a potential Board member is his close connection to the "pulse" of Sonoma County – knowing what it takes to provide both the product and creative programs that will meet and exceed the demands of prospective members.

Tom and his wife Sheila are the parents to four children. In addition to his passion for TFC, Tom brings with him a multitude of business skills and experiences. His initial years as a CPA were spent with KPMG in the financial services consulting division in San Francisco. In 1992, he started the consulting department for Pisenti & Brinker CPAs in Sonoma County and since 1995, has been working with private company startups and turnarounds throughout Northern California. Tom believes his passion, entrepreneurialism and financial skills will be invaluable to helping exploit opportunities and solve the many challenges that are sure to unfold as we build the new clubhouse and grow our membership base to its full capacity.

**All members are encouraged to attend the Annual Meeting on
December 11 at 5:30 pm, at The Sunset Grill.**

Voting members in good Club standing may obtain/return a completed paper ballot from The Sunset Grill, Golf Shop or Athletic Center and cast their vote prior to the start of the election, at the annual meeting. Please email communications@thefountaingroveclub.com for more information.

Thanksgiving Day Lunch

Family Style

11:00 am-3:00 pm

\$39++ for adults

\$19++ for kids 5-12 years old

Complimentary for children under 5 years old

Reservations Required

MENU

Wild Arugula Salad with poached pears, toasted walnut, goat cheese snow, & fresh pomegranate

Traditional Roast Turkey with herbed gravy

Sourdough Sage Dressing

Buttermilk Smashed Yukon Gold potatoes

Maple Candied Yams

Home-made Citrus Cranberry Sauce

Bacon Roasted Brussels Sprouts

Classic Pumpkin Pie with whipped cream



HARVEST FESTIVAL



Manny & Alva Chavez



Linda Nowak & Khiana Schmuhl



Beverage tastings with Josephina



Sindra Vellos, Danessa Maynard, Rachelle Tompkins, Rosanna Hayden



Yummy snacks



Joan Tabb, Scott Butler



Annie & Ryan Buxbaum, Amy & Maurice Mickel



RON BANASZAK
COO

WHY ARE THE DUES AT 80% OF THE 2017 RATES?

This question has been asked several times, and it is a good question to ask. The business model of our Club is based on dues, dues revenue to be exact. The dues paid by the members supports all the Club's activities and programs. Each year, we generate \$3.5M of dues revenue from all categories of membership.

Since October of 2017, all the dues discounts that the members have received were paid to the Club by the insurance carrier. To date, the insurance carrier has paid the Club \$2.5M and the membership has received this as a discount to their dues. Since the Club had 24 months of business interruption coverage in our insurance policy, this dues replacement coverage expired in October 2019, and the Club is not responsible for all its own dues revenue.

The Club is currently at 80% of the 2017 dues rates in all categories. Each quarter that the Club operates at a 20% reduction in dues, it is about \$175k in revenue loss. We have made the proper operating changes and appropriately budgeted for this in Q4 of 2019, and even though we will have \$175K less in revenue, the Club will be able to support its operating expenses, per the budget, and without a change in the member experience.

So, if the Club was to remain at 60% dues in Q4, 2019 we would need to reduce operating expenses, by an additional \$175k, or a total of \$350k. To achieve this financial result, we would need to reduce the members experience, which is not a good business practice in private Clubs, even for the short term. We are dedicated to "exceptional service" to our members and their guests.

As of the close of October 2019, we have 428 Full Member Equivalents (FME) and in October 2017 we had 412 FME. FME is defined as the total revenues in a month, divided by the highest dues paying category, which is the golf family category. We are blessed with more full member equivalents than before the fires, which means our dues revenue stream is strong, and we continue to sell golf and athletic memberships at a record pace. We currently only have 90 athletic and 50 golf memberships left for sale. This strong revenue source will continue to fund our operational needs throughout 2020. While Q4 will be challenging for the club financially, the short- and long-term outlook for the Club are very good.

CREATING AN ECO FRIENDLY ENVIRONMENT



To increase our efforts towards our Club's core value of environmental responsibility to our Club and surrounding areas, we are encouraging members to begin bringing their own reusable water bottles to the golf course. As we will be doing away with disposable plastic water bottles, you may come by the Golf Shop to receive your complimentary Fountaingrove branded reusable water bottle. Fill stations are located on holes 5 & 14.

The typical plastic disposable water bottles are not biodegradable, making them a hazard to our water, land and air. The general population is not recycling water bottles properly, and as a result, they're piling up in landfills. It could take up to 1,000 years for them to fully decompose, and when they do, the particles end up in the soil. The emissions from manufacturing water bottles and transporting them to grocery stores is extremely harmful to the environment. The more that are produced, the more toxins end up in the air we're breathing.



WHAT WE'RE ALL ABOUT...



FITNESS

The Athletic Center offers a full range of cardio and strength equipment and a variety of group classes throughout the day. Get a jump on your fitness goals with one of our motivating personal trainers. Our personal trainers will develop individualized programs to fit a wide variety of needs. Enhancing performance for a wide range of sports members are also invited to enjoy our convenient locker rooms, towel service, Eucalyptus steam room, showers and more!



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DINING

Under the direction of our Executive Chef, Patrick Tafoya, The Fountaingrove Club is pleased to offer our members several convenient dining options. Our Executive Chef places an emphasis on locally sourced and seasonal ingredients, providing the best in healthy cuisine for our members and guests. Enjoy a breathtaking view while dining for lunch or dinner at The Sunset Grill, convenient poolside barbecues, or Grab & Go items offered at the Athletic Center and The Sunset Grill.



KHIANA IS TPI CERTIFIED 16

YOUTH ACTIVITIES

All members of the family will have an opportunity to engage in classes with various youth activities offered at the Club, including: TigerKick/TK-Teen, Hip-Hop, swim club, Stand-UP paddle boarding (SUP), and water polo.

KIDD ZONE

Our Kidd Zone provides a fun and safe environment for kids to interact while our members and guests eat, play and relax.

GROUP EXERCISE

Our Athletic Center also offers a wide variety of Group Exercise Programs that are complimentary with your membership, and includes: Yoga, pilates, mat pilates, group cycling, TRX, meditation, Silverfit for active seniors, Tabata, fitness challenges for all ages.



RUN, WALK, TROT 17

YOU!

CONNECT WITH US
www.thefountaingroveclub.com



18 AERIFICATION WEEK RECAP

GOLF CHAMPIONSHIP

Proudly managed by Troon, our scenic Ted Robinson Sr. designed golf course boasts spectacular views of Hood and Taylor Mountains as well as the rolling hills of Santa Rosa Valley. Golfers are challenged by some of the best greens in Northern California while roaming the incredibly manicured terrain. Eight sets of tees means that golfers of all levels will find an enjoyable test of their skills.

TENNIS

Fun and competitive tennis programs are offered at The Fountaingrove Club. Our property has five hard courts, and three of these are lit for night play. Clinics, lessons and programs for all ages and playing levels are available through our head tennis professional. Meet new members at the Tennis Mixers, start your kids in our Youth Tennis Programs, participate in one of our Adult Tennis Leagues or just sign up for a court and have some fun.



22 PERSONAL TRAINING ANYONE?

POOL

Our Athletic Center features a family-friendly, 25-yard infinity pool which is open for recreational swims, as well as lap swimming daily. The pool is heated year-round and offers private lessons, aqua aerobics and swim clinics. The pool deck is lined with relaxing chaise lounges and a poolside bar serves drinks, snacks and beer on tap.

AQUATICS

Our complimentary water aerobics classes are a great way to get a low impact, cardiovascular workout. Exercises can be adapted to; private swim lessons and swim conditioning, Group swim lessons, Baby and Me swim classes, aqua aerobics, masters swim, stand-up paddle boarding, lap swimming and swim clinics.



24 SPOTLIGHT ON AMY MICKEL

SOCIAL EVENTS

Social events for our members throughout the year, such as; Easter Egg Hunt, St. Patrick's Couples, Fountaingrove Friday, Memorial Day Barbecue & Pool Party, Summer Play & Pour, Movie Night and Camp Out, Spooktacular, Harvest Festival, Santa's Brunch and many more events for our members and their guests.

Fall Dinner Options

Roasted Tomato Soup \$10 - V

white cheddar brioche grilled cheese

Dungeness Crab Cake \$14

celery root apple slaw, citrus gremolata

Poached Pear and Endive Salad \$8 - V

fresh goat cheese, toasted walnut, golden balsamic vinaigrette

Short Rib Sliders (3 per order) \$12

braised short ribs, cabbage & arugula slaw, citrus vinaigrette

Crispy French Fries \$8 - V

served with ranch and tangy ketchup
- add \$2 to make them parmesan-truffle fries

Pan Seared Diver Scallops \$18 - G.F.

carrot puree, ginger beurre blanc, pomegranate arugula salad

Crispy Sea Salt Brussels Sprouts \$8 - G.F.

bacon jam, spicy aioli

Crab Louie \$14

Shrimp Louie \$14 - G.F.

butter lettuce, romaine lettuce, deviled egg, tomato, asparagus, Louie dressing

Classic Cobb \$12 - G.F.

grilled chicken breast, chopped romaine, hard boiled egg, avocado, tomato, olives, bacon, blue cheese, lemon vinaigrette

Caesar Salad \$9

romaine, parmesan, croutons and Caesar dressing
- add shrimp \$5, chicken \$5, salmon \$6

Cabernet Braised Short Ribs \$24

cauliflower puree, crispy sweet potatoes

Certified Angus Filet Mignon \$36

butter milk smashed potatoes, crispy shallot, grilled asparagus, truffle butter, red wine demi glace

Grilled Salmon \$19

stewed fingerling potatoes, mustard cream, warm frisee salad

Fried Chicken and Waffles \$18

traditional buttermilk fried chicken breast, brown butter waffle, Vermont maple syrup

Exotic Mushroom Risotto \$14 - G.F.

parmesan, truffle, pea shoot
- add shrimp \$5, chicken \$5, salmon \$6

Classic Cheeseburger \$15

grass-fed beef, swiss cheese, lettuce, tomatoes, mayonnaise and pickles on a brioche bun
- substitute vegan Impossible Burger patty

Herb Grilled Chicken Sandwich \$14

Mary's chicken breast, applewood smoked bacon, avocado-jalapeño puree, cheddar cheese, crushed potato chips

THE SUNSET GRILL



Patrick Tafoya
Executive Chef



Chicken
Ceasar
Romaine,
Parmesan,
croutons and
Caesar dressing



Short Rib
Sliders
Braised short
ribs, cabbage &
arugula slaw,
citrus vinaigrette



FOR RESERVATIONS:

Go to our website:

Dining tab; Select Dining Reservations.
Choose the number of guests in your party.
Identify any special dietary restrictions.
Celebrating a special occasion, please let us know. Call us directly at: 707 215 8190

Please see hours of operation on page 28

VA - Vegan
G.F. - Gluten Free
V - Vegetarian
☞ - Signature item



| APPETIZERS |

| ENTRÉE SALADS |

| ENTRÉES |



OPEN DOORS IN A TIME OF NEED

RICKY POTTS, MEMBERSHIP DIRECTOR

In October, I took some time off to rest, relax and play some golf! My wife, Sheryl and I headed to Kauai for vacation and while on the island I got the chance to play Princeville Makai Golf Club, a Troon-managed facility located on the north shore of the island. Doug Sutter, general manager, is a good friend of mine and after an unforgettable round of golf, he invited us over for dinner. He and his family opened their home to us for an evening I won't soon forget.

When we returned home, we were refreshed and ready to get back to work. However, when we hit Santa Rosa northbound on the 101, I spotted flames in the distance. It was the start of the Kincade Fire, a fire that is, as I am writing this, only 83% contained. The next few days were stressful for us, and that Saturday, while representing The Fountaingrove Club at the North Bay Women's Expo, Sheryl and I decided to evacuate. She has some friends inland in Stockton, California, and they, too, opened their doors to us during our time of need. We hadn't even unpacked our bags yet. We grabbed our dog Charlie and hit the road.

While we were evacuated, I closely followed the hashtag #KincadeFire on Twitter for constant immediate updates on things happening in Northern California. A few other fires popped up that week/weekend, but we were focused on our home and loved ones in the Wine Country. I also participated in daily phone calls with the leadership team here at The Fountaingrove Club while we ensured everyone's families were taken care of and that the Club was safe. Also, while in Stockton, I found a gym that opened its doors for me so I could have a place to workout while being evacuated. They provided me a complimentary guest pass to use while we were evacuated.

MEMBER SPOTLIGHT

ANDREW KEEFER



#SonomaStrong
#FountaingroveStrong

On Wednesday, a week after the fire had started, the mandatory evacuation order was lifted and we returned to Santa Rosa to check on our home. Luckily there was no damage. We didn't even lose power. On Thursday, the team met at the Club to evaluate the impact.

The Club did see some wind and smoke damage, but by noon on Thursday we were all hands on deck to ensure it was a safe place to be. Our first priority was to reopen the Athletic Center. Not to workout, but to open our doors as a Comfort Zone for our members, guests and the community to use during this time of need. We were able to offer hot showers, WiFi, charging stations, coffee, tea and a limited Grab & Go menu. Similar to what happened in 2017, The Fountaingrove Club was able to open its doors as a place of normality and we are grateful to provide that to our community.

It didn't take us long and the Club was able to reopen the first week of November, and while it will take some time to finish the cleanup, we are happy to welcome everyone home. We are dedicated to providing our members and guests with an unforgettable private Club experience, even in the face of a natural disaster.

We are and continue to be Sonoma AND Fountaingrove Strong!

**A Special Thank You
to Our Firefighters**

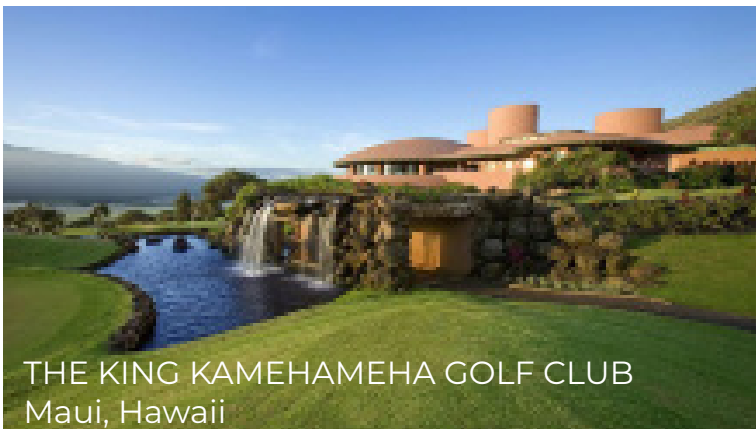
We would like to extend a special thank you to our very own member, Andrew Keefe and his fellow firefighters for their dedicated service in protecting our communities during the recent Kincade fires.

Andrew is an active member, along with his wife Katie. They both enjoy taking spin classes and their daughters Mackenzie and Reagan love being in Kidd Zone.

Please help us give a shout out to Andrew the next time you see him around the Club.

LIVING TROON STYLE

TROON PRIVÉ
PRIVILEGES



Troon Privé oversees a global portfolio of private clubs, providing an alternative to self-management by contributing resources and working collaboratively with boards, owners and members to define and deliver each club's unique vision. The Troon Privé team focuses on elevating private clubs by making them relevant, healthy and sustainable for decades to come. Members of Troon Privé clubs receive exclusive access to extraordinary golf and lifestyle benefits throughout the world. Full members of participating clubs enjoy access to private courses and amenities, opportunities to experience resort and daily fee locations at preferred rates, as well as Cliff Drysdale Tennis. Plus, all members of Troon Privé clubs receive benefits with Avis Rental Cars, Ship Sticks, entertainment, marinas and more. There are over 500 Troon managed facilities worldwide.

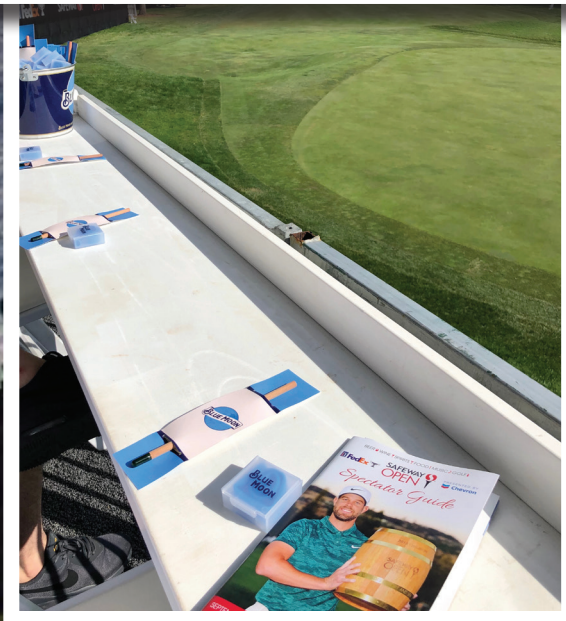
MEMBERSHIP SERVICES

MEMBERSHIP DIRECTOR

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Our members Manny Chavez and Board Member Ryan Buxbaum recently attended the Safeway Open at Silverado Resort and Spa, a Troon-managed facility in Napa Valley. The #SafewayOpen marks the first event of the PGA TOUR season and the beginning of the season long chase for the FedEx Cup.



PRIVATE GOLF CLUB

Full members benefit from the privilege of playing 100+ private courses at the Troon Privé member rate, bringing up to three guests at the host club's accompanied guest rate and receiving half-price rental clubs.

PRIVATE CLUB AMENITIES:

Full members enjoy amenities at participating Troon Privé clubs, with access to fitness, tennis, aquatics and/or dining.

RESORT & DAILY FEE GOLF:

Full members receive preferred golf rates at 150+ Troon Golf resort and daily fee courses worldwide.

CLIFF DRYSDALE TENNIS:

Full members enjoy preferred access, rates and benefits at Cliff Drysdale Tennis clubs and resorts throughout the United States and Bermuda.
ALL MEMBERS (INCLUDING FULL)

RENTAL CARS:

Receive up to 25% off car rentals and other seasonal benefits when you travel.

SHIP YOUR CLUBS

Send your clubs to and from your next golf destination with ease and save 10% off every time you use this white glove, door-to-door shipping service.

ENTERTAINMENT:

Explore exclusive offers for shows, sports, events, concerts, theme parks, movies and much more.

MARINAS:

Embark on a superior experience with special savings of 25% off rentals at an extensive network of saltwater and freshwater Suntex Marinas.

GOLF PERFORMANCE TRAINING:

Choose from any of the 12 AMPD Performance solutions-based Feel Better, Play Better or Unleash Your Swing programs and receive 50% off.



WHAT'S COMING FOR FALL? MJ MURPHY, WGL CAPTAIN

“Our annual WGL Holiday and Awards Dinner will take place at The Sunset Grill on Thursday, December 5.”

With fall upon us we are heading into the holiday season here at The Fountaingrove Club and we still have plenty of events to fill out the year. So, if you're up for some good competition and you've got some extra time to play golf on Thursday mornings or on Saturdays, please sign up to play with us. If you would rather not compete or if you just want to play 9 holes, you can follow the field and join us afterwards for lunch. Let's get out there and get the ball rolling!

The WGL Club Championship was held on September 7-8. This is a stroke play tournament competition with awards for each flight. Our 2019 WGL Club Champion is **Leni Kearns** with a total of 172. This is a “fourpete” for **Leni**. She's been our Club Champion since 2016, in addition to winning the title in 2008. The second-place winner is **Margaret McNab** (178) who won in a card off with **Ayn Coleman** (178). Our 2019 Ladies Senior Club Champion is **Sandra Newton** (183). Congratulations to the winners and all the players who came out to support them.

The autumn women's golf outing to Half Moon Bay was a big hit for the members. Khiana arranged for two days of golf on the Ocean Course and the Old Course. The weather was stunningly beautiful with spectacular views of the ocean on both days. Our gang gathered outside on The Ritz-Carlton patio after golf on the first day for delicious drinks and appetizers and a glorious view of the 18th hole on the coast. Then we headed into town for dinner at Pasta Moon. Many thanks to **Sandi Newton** for hosting the appetizers and to **Khiana Schmuhi** for arranging the trip. We've decided to name these jaunts “Aerification Vacations” to coincide with our spring and fall maintenance weeks. Please consider joining us in 2020.

The Staff Appreciation Luncheon for the maintenance department will take place on Monday, December 2, in Rodney's at the Athletic Center. This annual event is under the direction of **Linda Nowak** and **Pam Dowd** this year. **Pam** and **Linda** will coordinate the WGL members who bring delicious prepared dishes for the lunch. They will also give out goodie bags for the staff to take with them after the meal. It's our festive way of saying "Thank You!" for all of their hard work during the year to make our course a showplace for all of Sonoma County.

Our annual WGL Holiday and Awards Dinner will take place at The Sunset Grill on Thursday, December 5. This special event is hosted by **Denise Fitzgerald** and **Karin Lienart**. They were the Co-Chairs last year at the Union Hotel, so we're expecting the evening to be extra special again in 2019. Awards will be given to the Most Improved Player for the year, the intraleague Match Play Champions, and for numerous birdies and chip-ins on our WGL play days. All WGL members are encouraged to sign up for this special night of camaraderie and celebration.

Play days for the month of November are Pendant Day on 11/7, Odd/Even is on 11/14, One Best Ball is on 11/21, and Happy Thanksgiving is on 11/29 (no play day). One Best Ball is the game on 12/5, Ace & Putter is on 12/12, Designated Elf 2BB is on 12/19 and One BB is on 12/26. Merry Christmas is on 12/25.

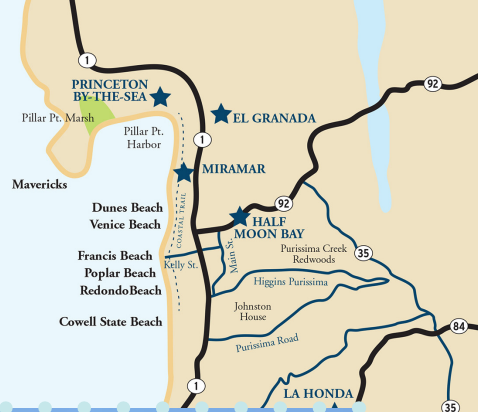
We missed sending out Happy October Birthdays to **Heather DeMarinis (10/4)**, **Loretta del Tessandro (10/5)**, **Liz Frome (10/14)**, **Cindy Buckles (10/27)**, and **Meta Lightfoot (10/30)**.

Happy November Birthdays to **Audrey Sager (11/2)**, **Carol Nast (11/8)**, **Andrea Lewis (11/14)**, **Ann Rogalski (11/18)**, **Kim Zander (11/23)**, **Elise Wilson (11/24)** and **Denise Fitzgerald (11/26)**.

Happy December Birthdays to **Janice Laskoski (12/16)**, **Deborah Baratta (12/25)**, **Jane Cohill (12/27)** and **Ilene Kristoff (12/27)**.

Best wishes from all of us in the Women's Golf League for a wonderful holiday season!

Past WGL Captains



Out & About in Half Moon Bay



EVERY SATURDAY, IMPROVE YOUR GOLF GAME WITH KHIANA

We will be having a golf clinic for the ladies every Saturday (excluding major events) at 10:45 am on the driving range. All members are encouraged to participate. We have arranged the clinics to coincide with the youth Tiger Kick classes, so feel free to drop off your little ones and head up to the range for some instruction.

A fun, relaxed setting.
No clubs or experience necessary!
#inviteher

Contact
kschmuhl@thefountaingroveclub.com
or call 707 701 3088



Khiana Schmuhl
Assistant Golf Professional

- | LEARN TO | WHY GOLF? |
|-----------|-----------------|
| Putt | Social |
| Chip | Exercise |
| Drive | Fashionable |
| Swing | Fresh Air |
| Laugh | Networking |
| Have fun! | No Age Limit |
| | Family Friendly |



Khiana Schmuhl
Assistant Golf Professional

One of the most overlooked things in golf is proper strength training and conditioning.

To prevent losing progress in your golf game this winter, you will need to build a training program that keeps you focused and active. Adding strength and maintaining flexibility will be key. However, it is crucial to know what your bodies weaknesses are to not only work on the right things but to also prevent injury.

Earlier this year, I received my Level 1 & 2 certifications through the Titleist Performance Institute.

For those of you who are unfamiliar with what TPI represents; it is the worlds leading educational organization dedicated to the study of how the human body functions in relation to the golf swing. The most efficient swing is not the same for every golfer, because efficiency is unique to the golfer's body.

So how do we get you started?

To achieve an efficient golf swing, a golfer must first be screened. This screen involves an assessment of swing mechanics and biomechanics, physical fitness, movement quality,

current health and client history. Once this screen is finished, the results are then used to create a specific plan for that golfer. The plan may include fitness training, physical therapy & treatment, coaching of swing mechanics & biomechanics, nutrition, mental strategy, or all of the above.

A golfer will see the greatest improvement by surrounding themselves with a team of professionals. (For example: Certified Golf Instructor, Certified Medical Doctor, Certified Fitness Trainer.)

For those of you interested in learning more about the physical

screening process or building an effective training program, please email me directly at kschmuhl@thefountaingroveclub.com or by calling (707) 701-3088.

"I look forward to helping you build an efficient golf swing that will aid in achieving your goals for the New Year ." "Khiana Schmuhl, LPGA, TPI"

Be sure to like Khiana's golf instruction page on Facebook for the latest news, photos, and updates.

<https://www.facebook.com/kschmuhlgolf/> 



"A golfer will see the greatest improvement by surrounding themselves with a team of professionals."

7:30 am

Thanksgiving Day
THURSDAY, NOVEMBER 28



TURKEY
TROT 5K

KICK OFF YOUR THANKSGIVING DAY IN A JOYOUS WAY BY GETTING YOUR ENDORPHINS FLOWING. JOIN US FOR A DAY OF FUN, EXERCISE AND COMMUNITY BUILDING

ALL MEMBERS, GUESTS AND KIDS 7+ WELCOME TO ATTEND THIS COMPLIMENTARY 5K (3 MILE RUN). MEET US AT THE SUNSET TO JOIN THE RUN ON THE BACK 9 OF THE GOLF COURSE AND END BACK AT THE SUNSET GRILL FOR A DRINK SPECIAL.

MEMBER SPOTLIGHT

AMY MICKEL

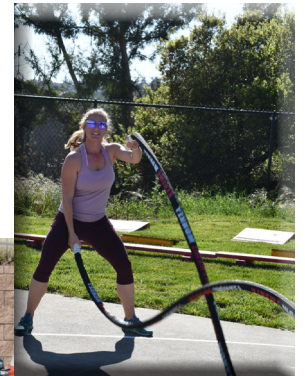
I joined the Club in March 2019, in hopes to get back to working out. I had 1.5 and 3.5 year old boys who were over the stroller runs and I felt discouraged about how I would exercise being a stay-at-home mom. Along came the discovery of the Club!

Childcare and incredible gym equipment and classes - yes please! Kidd Zone is a god-send and I absolutely love the TK Fit program taught by Scott. I have truly been transformed physically and mentally. I feel stronger inside and out. I enjoy going to these classes to be part of this dedicated group taught by an instructor who cares so much about his job. I love being a role model for my children, demonstrating the importance of exercise and taking care of one's body.

Along with my own journey, it has benefited my family as well. My husband, Maurice, also attends the Saturday TK-Fit class and it has helped us connect in a fun new way. We enjoy competing with each other and just being able to spend time together.

My now-four-year old absolutely loves TigerKick. He began when we joined the Club is still so excited to attend twice a week. His physical and emotional confidence have increased dramatically and it's just fun watching him smile through his class.

We are definitely a TK-Fit family and I am so appreciative of the Club to have offered this experience to us.





FALL AERIFICATION



DUSTIN MCINTOSH
GOLF COURSE SUPERINTENDENT



Verti-cutting greens to even out the sand



Graden one direction and aerification 5/8" tines on 1.5" centers



Topdressing sand brushed in. Next step is to blow off the excess sand and irrigate



Tee plugs



Toro 648 Aerifier being run by Ramon



Emilio spreading soil conditioner

On Friday, September 27, we finished our bi-annual aerification of the greens, tee boxes and fairways. Aerification is a practice we use to primarily remove thatch from the soil profile. It also alleviates compaction, but thatch is our primary concern. This practice happens in conjunction with the Graden (for the greens only), as well as routine topdressing and verti-cutting to help manage thatch levels at an appropriate level. The primary goal is preventing the accumulation of excess organic material in the root zone. While the greens will be “bumpy” for a couple of weeks, the short term inconvenience of the playability of the greens is far outweighed by the long term benefits for the overall health of the greens.



Greens after a Graden

During the aerification process, the plugs of dirt and grass that are removed from the fairways are dried in the sun for a day. During this time, it is not possible to water the fairways. While the plugs dried well during the triple digit heat wave, some browning and scarring of the fairways occurred. We are in the process of properly irrigating these hot spots and will be reseeding some of them. Please bare with us during this temporary situation, and know that the long term playability of the golf course is enhanced by aerification.

FOUNTAINGROVE TENNIS



PAUL SHEPHERD
FOUNTAINGROVE USPTA HEAD TENNIS PRO

TENNIS TIPS: THE TOP 10 REASONS TO PLAY TENNIS

1. **Get Fit:** Lose weight and burn calories: you can burn between 580 and 870 calories in an hour of singles play.
2. **Live Longer:** According to a 2016 Harvard University study, playing tennis just 3 hours a week will reduce your risk of heart disease by 56%.
3. **Strengthen Heart, Muscle and Bones:** Compared to other sports, tennis players have the lowest incidence of cardiovascular disease (40 year study done by Johns Hopkins University)
4. **Develop Hand-Eye Coordination:** Skills required in tennis contribute to good hand-eye coordination, improved agility, balance, coordination and reaction time.
5. **Enjoy Family and Friends:** Tennis is a great sport for the entire family regardless of age. Minimal equipment is needed and with plenty of courts available, it's easy to bring a friend or meet someone on the courts.
6. **Develop Teamwork and Sportsmanship:** Whether it is doubles play or team and league play, tennis develops your ability to communicate and work together.
7. **Improve Social Skills:** Tennis outperforms all other sports in developing positive personality characteristics.
8. **Reduce Stress:** Playing tennis helps you deal with physical, mental, social and emotional challenges which increase your capacity to deal with stress.
9. **Increase Brain Power:** According to a 2013 USTA study, kids who play tennis regularly get better grades. Tennis enhances neural connections in your brain, improving alertness and tactical thinking.
10. **Learn to Solve Problems:** Tennis requires evaluating angles, geometry and physics to get the best result, which translates into better problem solving off the courts.



TENNIS ASSOCIATION TO MEET NOVEMBER 14

The next meeting of the Tennis Association will be Thursday, November 14 at 12:00 pm, at Fountaingrove's office space located at 3510 Unocal Place, in the second floor conference room. To be on the email list for meeting agendas, please contact Dan O'Connell, secretary, dano_foodconsult@att.net. There will be no meeting in December.

WEEKEND DROP-IN TENNIS FOR BOTH MEN & WOMEN

Come play tennis (and invite your friends) during weekend Drop-in Tennis, from 9:00 am - 11:00 am on Saturday & Sunday mornings. On courts #2 and #3 - Come enjoy weekend tennis!

ADULT TENNIS CLINICS START THE WEEK OF NOV. 4

Fountaingrove Tennis Pro Paul Shepherd offers early evening (5:30 pm-7:00 pm) clinics for adults on Monday, Tuesday and Wednesday evenings beginning Nov. 4 on the following schedule:

MONDAY

Women & Men

Level: Beginners

Time: 5:30 pm - 7:00 pm

TUESDAY

Women

Level: 3.5 / 4.0

Time: 5:30 pm - 7:00 pm

WEDNESDAY

Men

Level: 3.45 / 4.0

Time: 5:30 pm - 7:00 pm

For more information about details and fees, please contact Fountaingrove Tennis Pro Paul Shepherd via text: 707-280-2560 or email: pshepherd@thefountaingroveclub.com

NOV. 24: 17TH ANNUAL TURKEY ROUND ROBIN

The 17th Annual Turkey Round Robin will be held Sunday, November 24 from 2:00 pm-5:00 pm. Registration will be on a first-come, first-served basis and is open to the first 20 players who respond. Cost is \$20 per player. To register for the event, RSVP through the Club calendar at www.thefountaingroveclub.com.

NOT ON THE TENNIS EMAIL LIST?

If you're not receiving emails about our Tennis Program, please contact Adina Flores at: communications@thefountaingroveclub.com.

NEW TO TENNIS AT FOUNTAINGROVE?

To find out more on clinics, lessons, social events, and team play contact:

Fountaingrove Club Tennis Pro

Paul Shepherd
pshepherd@thefountaingroveclub.com

Women's Tennis Ambassador

Valerie Anderson
vhanderson7@gmail.com

Men's Tennis Ambassador

Terry Price
tprice@sonic.net

Communications Director

Adina Flores
aflores@thefountaingroveclub.com



Justine Baker

TENNIS MATCHES Fall Schedule 2019



USTA & SNMWTL HOME GAMES

Fountaingrove has four teams competing in the fall USTA Leagues: Mixed 7.0 and 8.0 and Women's Combo 6.5 and 7.5. Below is the schedule for the USTA home games at Fountaingrove and the final Sonoma Napa Marin Women's Tennis League (SNMWTL) match for fall. Stop by and cheer on our teams!

9:00 am Fri. Nov. 1 SNMWTL Div 5 vs. Petaluma
12:00 pm Sat. Nov. 2 Mixed 8.0 vs. Wikiup
11:00 am Sun. Nov. 3 W 6.5 vs. Petaluma
2:00 pm Sun. Nov. 3 W 7.5 vs. West County
6:00 pm Thurs. Nov. 7 Mixed 7.0 vs. Wikiup
12:00 pm Sat. Nov. 9 W 6.5 vs. La Cantera
6:00 pm Thurs. Nov. 14 W 7.5 vs. Rohnert Park
12:00 pm Sat. Nov. 23 Mixed 7.0 vs. West County
11:00 am Sun. Nov. 24 W 6.5 vs. Montecito
12:00 pm Sat. Dec. 14 Mixed 8.0 vs. La Cantera
6:00 pm Thurs. Dec. 19 W 7.5 vs. Crane Park

NOVEMBER JUNIOR TENNIS CLINICS

The 6-session afternoon junior tennis clinics in September will begin the week of Nov. 5. The fee is \$120 for members and \$150 for non-members based on a minimum of 4 people. Maximum is 6 people per clinic. To register, contact Paul Shepherd, Fountaingrove Tennis Pro, via text: 707 280 2560 or email: pshepherd@thefountaingroveclub.com.

AGES/DAYS

Boys/Girls: Ages 7-11
3:30 pm - 4:30 pm Tues. & Thurs.

DATES

Nov. 5, 7, 12, 14, 19, 21

AGES/DAYS

Boys/Girls: Ages 12-16
4:30 pm - 5:30 pm Tues. & Thurs.

DATES

Nov. 5, 7, 12, 14, 19, 21



WEEKLY CARDIO TENNIS

Cardio Tennis is a fun group activity featuring drills to give players a high-energy workout. The schedule varies from week to week depending on the league home match schedule. An email will be sent each week to interested players with the schedule for the week and the opportunity to sign up. The fee is \$15-\$20 per person, depending on the number of participants. Players must be rated at the 3.0 level or above. If you would like to be added to the email list, please contact Fountaingrove Tennis Pro Paul Shepherd via text: 707-280-2560 or email: pshepherd@thefountaingrove.club



SCOTT BUTLER
ATHLETIC SUPERVISOR

STAY FIT DURING THE HOLIDAYS

SCOTT BUTLER, Athletic Supervisor

“No tricks, gimmicks, special pills, special potions, special equipment. All it takes is desire and will.”

-Richard Simmons

PERSONAL TRAINING BENEFITS

- ◆ Challenging
- ◆ Motivating
- ◆ Faster and better results
- ◆ Personalized plan
- ◆ Accountability

The Fountaingrove Club is committed to helping you meet your fitness goals! Our Personal Trainers are here to help you make it happen. All of our trainers hold national certifications from accredited bodies. Meet with one of our Personal Trainers and take control of your health and fitness today!

1 HOUR SESSION

SINGLE	
1 Session	\$75
5 Pack	\$355.00
10 Pack	\$690.00

PARTNER

1 Session	\$37.50
5 Pack	\$177.50
10 Pack	\$345.00

1/2 HOUR SESSION

SINGLE	
1 Session	\$37.50
5 Pack	\$177.50
10 Pack	\$345.00

PARTNER

1 Session	\$18.75
5 Pack	\$88.75
10 Pack	\$172.50

Put together your own training group!

SMALL GROUP/CLINIC TRAINING \$25

3 person minimum, 8 person max

*Each session is \$25 per person

FIND YOUR PERSONAL TRAINER



Allen Ramos

Allen has an extensive background in counseling people of all ages and is passionate about the total fitness of the individual. He believes that his guidance in strength training and core body work will lead to improving the health and well-being of his clients. It has been Alan's objective to engage, encourage and energize the human body as a whole! He is a NESTA certified personal trainer with skill in strength & muscle technical training.



Pearci Bastiany

Pearci has over 40 years training in fitness and martial arts. Over the years he has trained with some of the most elite martial artists in the world. His love for the arts has been an endless journey, and his goal is to share the positive benefits of fitness and martial arts to as many as possible. Pearci is an ASFA certified personal trainer, and also has certifications in TRX, Myfascia Release (Foam Rolling),WCWMA, and Insanity.



Kim Rosales

Kim has a zeal for health and fitness that started at the age of 12. She has made exercise a priority five days a week for the past 30 years. She feels as excited about fitness today as she did the first day she began. Kim loves people and enjoys helping others reach their fitness goals. She is a certified NASM personal trainer, a NASM certified corrective exercise specialist and is certified in BARRE.



Ezra Martin

Ezra Has been practicing, teaching and leading Strength Training, Yoga, Pilates, Aqua Fitness, Kick boxing, Zumba, Tabata, HIIT, and Boot Camp fitness for 20 plus years. Her teaching style is influenced by a wide variety of master instructors and her approach is very personal, professional and thorough.



Josh Cavanagh

Josh has a passion for health and wellness in both his professional and personal life. Josh holds a Master's degree in Exercise and Sports Science, and is also a Certified Strength and Conditioning Specialist (CSCS) and EXOS Performance Specialist (XPS). He has been personal training and coaching children and adults for over three years. Josh specializes in strength and conditioning, athletic performance, and injury prevention.



Becky Ennis

Becky started working in the health and wellness industry in 2001, starting with teaching aqua aerobics and expanding to land based classes and personal training from there. She also has experience working with cancer survivors during and after treatments. Becky brings mind body skills to all of her practice. When not teaching or training, Becky is outside running or meditating in Mother Nature.



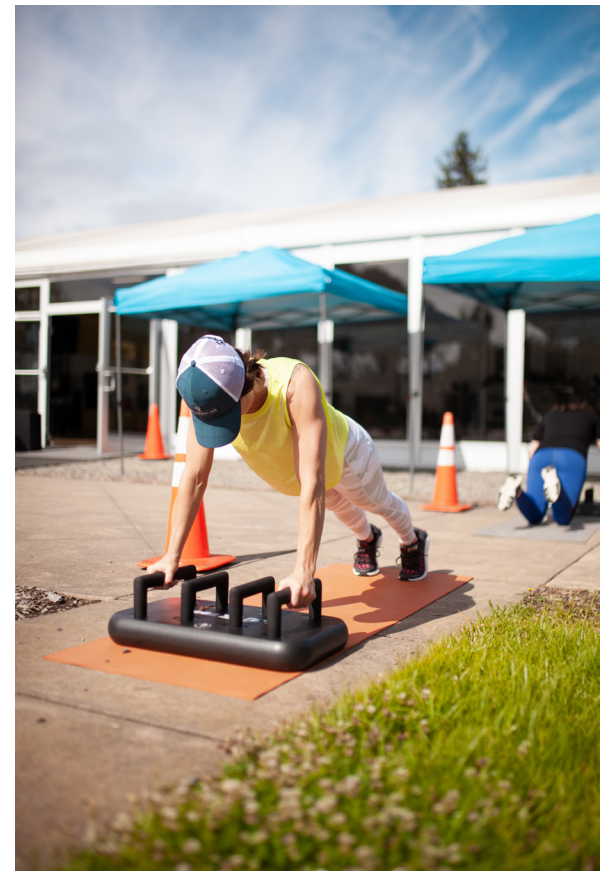
Cheryl Ripoll

Cheryl has always been passionate about exercise and health. Six years ago she became interested in running and decided to train for her first half marathon and has since participated in over 25 half marathons. With a love for helping people, she has since decided to become a certified personal trainer. Cheryl's forte is circuit training, boot-camps, cardio boxing, Hiit, and strength training with her clients. In Cheryl's free time, she enjoys running with her 10 year old son.



Brad Ott

Brad Has over 23 years of health, fitness and nutrition experience. He is dedicated to helping guide people down the path of health and fitness. Brad is a certified health and wellness advisor as well as being certified by the American Council on Exercise. He has skills in both strength and conditioning, fat loss, athletic conditioning and pre and post rehabilitation.



FITNESS™ ON DEMAND

Unlimited fitness. Virtually anywhere.

The FitnessOnDemand™ app gives you access to hundreds of workout videos that match your level and goals, on-demand wherever you are.

Download The FitnessOnDemand mobile app in the App Store and on Google Play. It's never been more convenient to workout with your favorite instructors at home or on the go.



NEW

NEW MEMBER REFERRAL PROGRAM

Refer a new member and receive a Club credit for each member that joins!

- \$1,000 Credit Book - Golf Family Membership
 - \$750 Credit Book - Golf Individual Membership
 - \$500 Credit Book - Golf Young Executive Membership
 - \$100 Credit Book - Athletic Membership
 - \$50 Credit Book - Junior Merit
- * This credit does not apply towards dues.*

CURRENT MEMBERSHIP OFFERINGS:

Golf Memberships —
Up to \$16,000 Initiation Fee

Athletic Memberships —
\$700 Initiation Fee



For more information, please contact our Membership Director:
rpotts@thefountaingroveclub.com 707 701 3081

SCOTTS TURKEY BURN WORKOUT

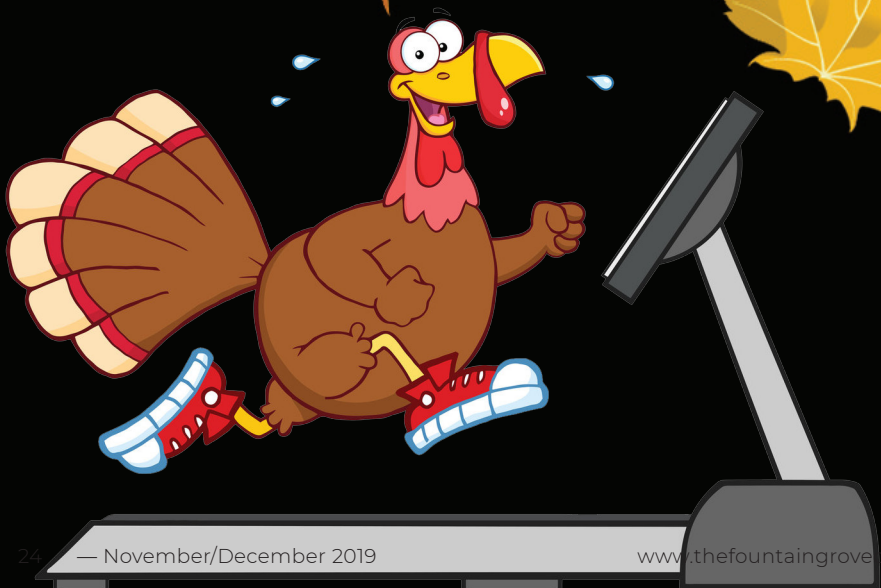


Work off your Thanksgiving dinner in this 90-minute high-intensity workout!

45-MINUTE SPIN
45-MINUTE FULL-BODY MUSCLE CIRCUIT

Saturday, November 30
9:30 am - 11:30 am
Athletic Center

\$10/person, guests welcome





ASSOCIATES IN ACTION

Meet your new Golf Course Assistant Superintendent, Doug Wiggers



Doug Wiggers
Assistant Superintendent

Doug has spent the last four years at Sonoma Golf Club as Assistant Superintendent. He studied Turf Management from the University of California-Riverside. Prior to working at Sonoma, Doug began as a laborer at Spring Creek Golf & Country Club in Ripon, CA and has progressively improved his skillset and responsibilities. Doug finds great fulfillment in seeing a golf course prepared with detailed excellence each day for the members and guests who play. He and his wife, Lisa, have lived in Santa Rosa for five years and enjoy great food and wine.



ASSOCIATE NOVEMBER & DECEMBER BIRTHDAYS

NOVEMBER

Bryan, Geraldine J	Fitness Instructor	11/2
Kegley, Geoffrey S	Guest Services Attendant	11/8
Bernier, Susan C	Day Care Coordinator	11/18
Sinclair, Tyler	Bartender	11/18
Davenport, Kaitlyn	Fitness Instructor	11/20
Garvin, Colin P	Recreation Attendant	11/20
Banfield, James L	Bartender	11/27
Demery, Jerald D	Guest Services Attendant	11/27

DECEMBER

Merodio, Austin N	Guest Services Attendant	12/6
Tietsort, Kristine L	Fitness Instructor	12/8
Butler, Karley M	Front Desk Agent	12/10
Welch, Cash R	Guest Services Attendant	12/12
Day, Peter J	Lifeguard	12/17
Brede, Wilson L	Guest Services Attendant	12/17
Heyer, Marissa A	Server	12/21
Medina Cuevas, Ramon	Irrigation Technician	12/23
Haggerty, Tara A	Cook	12/26
Shepherd, Paul J	Tennis Instructor	12/27

OUR NEW MOBILE APP IS NOW AVAILABLE

TO GET STARTED

1. Search for “Clubessential” (our web partner) in the Apple App Store on an iPhone or in the Google Play Store on an Android phone.
2. After you open the app, we recommend you allow for push notifications and location services so that you may receive important communications from the club.
3. Enter the following Club ID on the sign-in screen: **tfc**
4. Then, use the same Username and Password that you use to log into the full club website.

← Google Play



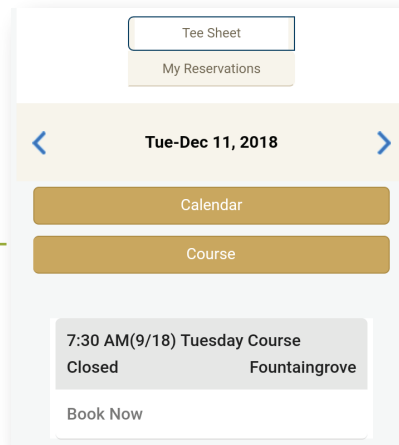
Clubessential
Clubessential, LLC

Lifestyle

UNINSTALL

OPEN

Our new mobile app offers upgraded functionality of the website in a simplified and user-friendly format. You can now book a tennis court reservation, tee time, dining reservation, childcare, sign up for an event, etc. all from your mobile device.



BOOK TEE TIMES

Tee Sheet - View all available tee times. *Tee times may be booked one week in advance.

My Reservations - View all of your booked tee times.

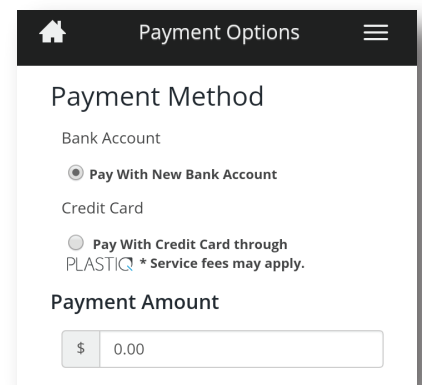
Calendar - Jump to a specific date to view available tee times. **(To sign up for a golf event, please visit the main Club calendar on the home screen.)**



VIEW YOUR STATEMENT OR PAY YOUR BILL

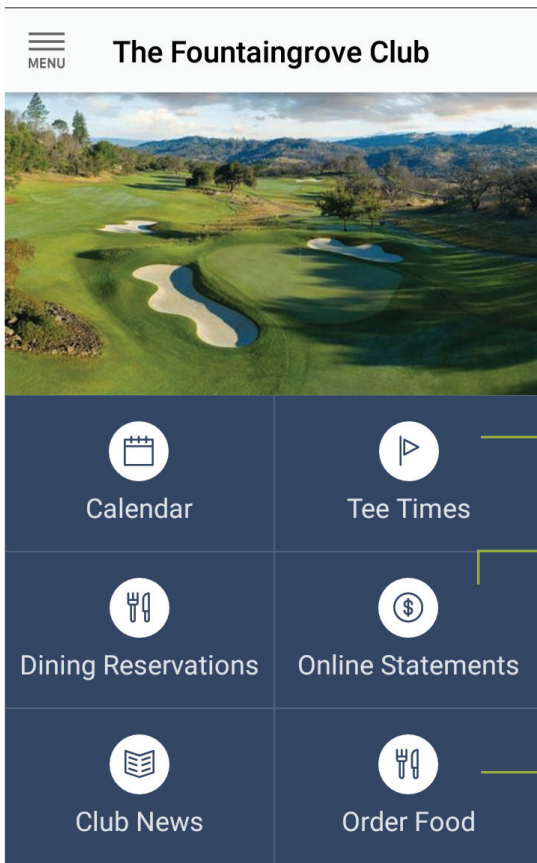
The “Online Statement” icon will take you directly to the page to pay your bill.

Select the menu on the top right corner to view the following additional options: statements, current activity, payment history, credit book activity, and gift card activity.



ORDER FOOD ON THE GO

Place an order from The Sunset Grill using the “Order Food” feature of the mobile app. You will be notified once your order is ready to pick up at The Sunset Grill.

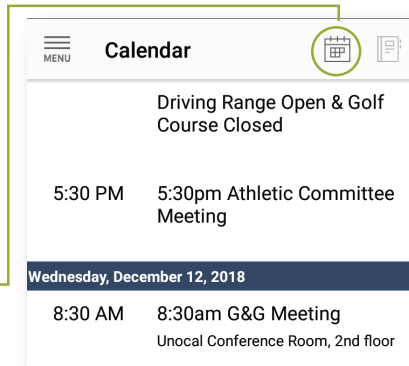




SIGN UP FOR CLUB EVENTS

Take a peek at everything happening at the Club, and view the full event details by selecting the event.

To jump to another month, select the calendar icon circled on the top right.

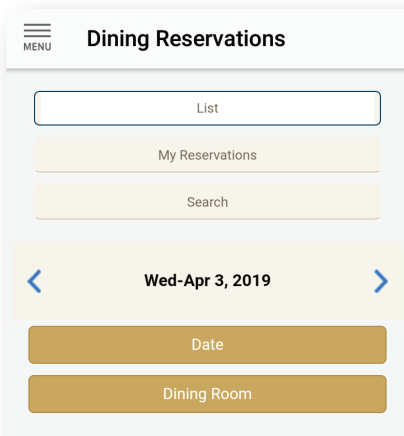


CHILDCARE & TENNIS COURT RESERVATIONS

Once you have selected the menu icon, the additional reservation systems will be visible. All bookings will use the same setup as seen on the main website.



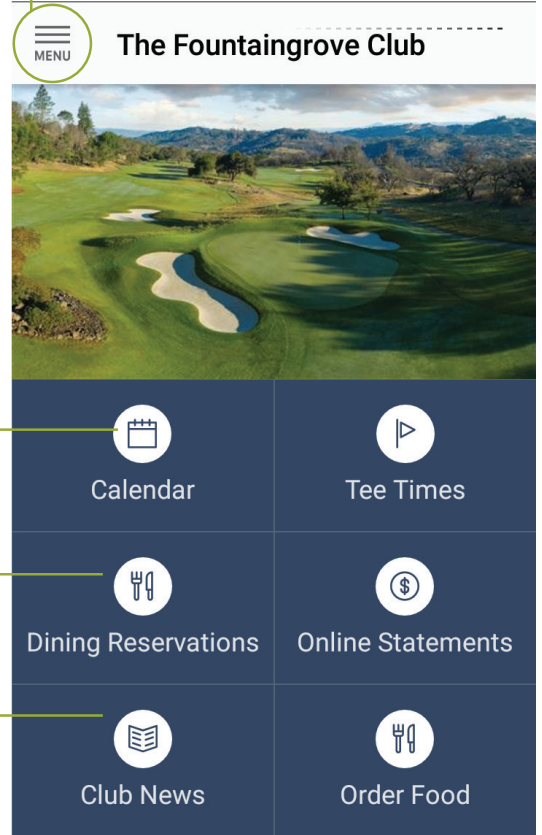
Although the icons are not visible on the main dashboard, you may also book childcare and tennis court reservations by selecting the circled menu icon pictured below.



BOOK A DINING RESERVATION

Need to book a table for your family and friends (parties of up to 8 people) at The Sunset Grill? Now you can, through the "Dining Reservations" area of the mobile app.

For parties greater than 8 people, please phone the restaurant at 707 215 8910



The Fountaingrove Course Reveals Plans for New Clubhouse

CATCH UP ON CLUB NEWS

Read all of the newest updates about:

- Building progress
- Governance
- Social events
- Press releases

...and more!

HAVE QUESTIONS?

Email communications@thefountaingroveclub.com



Holiday Hours

ATHLETIC CENTER

NOVEMBER, 2019

Thursday, November 28 Thanksgiving Day

Athletic Center – 7:00 am to 3:00 pm

Kidd Zone – 8:30 am to 1:30 pm

Friday, November 29 Black Friday

Athletic Center – 7:00 am to 9:30 pm

Kidd Zone – 8:30 am to 7:00 pm

DECEMBER 2019

Tuesday, December 24 Christmas Eve

Athletic Center – 5:00 am to 3:00 pm

Kidd Zone – 8:30 am – 1:30 pm

Tuesday, December 25 Christmas Day

Athletic Center – Closed

Kidd Zone – Closed

Wednesday, December 26

Athletic Center – 7:00 am – 9:30 pm

Kidd Zone – 8:30am – 7:00 pm

Tuesday, December 31 New Year's Eve Day

Athletic Center – 5:00 am – 3:00 pm

Kidd Zone – 8:30 am to 1:30 pm

Wednesday, January 1, 2019 New Year's Day

Athletic Center – 7:00 am – 3:00 pm

Kidd Zone – 8:30 am – 1:30 pm

Thursday, January 2, 2019

Athletic Center – 7:00 am – 9:30 pm

Kidd Zone – 8:30 am – 7:00 pm

**WISHING EVERYONE A SAFE & HAPPY HOLIDAY
FROM THE FOUNTAIN GROVE CLUB**

CLUB DIRECTORY & STANDARD HOURS

GOLF

HEAD GOLF PROFESSIONAL
Jesse Halstad
PGA, TPI Certified
707 701 3088
jhalstad@thefountaingroveclub.com

ASSISTANT GOLF PROFESSIONAL
Erick Andress
707 701 3087
eandress@thefountaingroveclub.com

ASSISTANT GOLF PROFESSIONAL
Khiana Schmuhl
LPGA Class B Member
707 701 3088
kschmuhl@thefountaingroveclub.com

GOLF COURSE SUPERINTENDENT
Dustin McIntosh
707 701 3072 x2008
dmcintosh@thefountaingroveclub.com

HOURS/DAYS

GOLF SHOP
707 701 3087
Monday Closed
Tuesday–Sunday
6:00 am–6:00 pm

GOLF COURSE
Monday: Closed
Tuesday–Sunday
7:30 am–5:00 pm

PRACTICE FACILITY
Monday: Closed
Tuesday–Sunday
7:00 am–5:30 pm
(Clean Pick Sunday Night)

GOLF COURSE CONCIERGE
Monday–Wednesday:
Closed

Thursday–Sunday
10:00 am–4:00 pm

**Weather Permitting
(May change with Frost & Rain)*

ATHLETIC CENTER

ATHLETIC CENTER HOURS
707 701 3075
Monday – Friday
5:00 am – 9:30 pm

Saturday–Sunday
7:00 am – 7:00 pm

**Pool closes a half hour before the Athletic Center*

KIDD ZONE HOURS/DAYS
707 701 3076
Monday – Friday
8:30 am – 7:00 pm
Saturday & Sunday
8:30 am – 1:30 pm

ATHLETICS OPERATIONS DIRECTOR
Caroline Wilcox
707 701 3083
cwilcox@thefountaingroveclub.com

ATHLETICS SUPERVISOR
TIGERKICK MASTER INSTRUCTOR
Scott Butler
707 849 0380
sbutler@thefountaingroveclub.com

ASSOCIATE SWIM LEADER
Emelia Beldon Kingston
Aquatic Lead
707 701 3050
swim@thefountaingroveclub.com

TENNIS
U.S.P.T.A HEAD TENNIS PROFESSIONAL
Paul Shepherd
707 280 2560
pshepherd@thefountaingroveclub.com

U.S.P.T.A ASSISTANT TENNIS PROFESSIONAL
John Taylor
707 701 3075
jtaylor@thefountaingroveclub.com

THE SUNSET GRILL

707 215 8910
LUNCH SERVICE
Tues., Wed., Thurs., Sun.
Lunch from 11:00 am -3:00 pm
**Bar menu available
3:00pm–6:00 pm
Fri. & Sat. from 11:00 am–8:00 pm*

HAPPY HOUR
Tues - Fri
3:00 pm - 6:00 pm

Closed Mondays

FOOD & BEVERAGE
EXECUTIVE CHEF
Patrick Tafoya
707 495 4133
ptafoya@thefountaingroveclub.com

EVENT COORDINATOR
Stacy Walker
707 303 0048
swalker@thefountaingroveclub.com

FACILITIES
FACILITIES LEAD
Eric Teresky
707 495 2619
eteresky@thefountaingroveclub.com

MEMBERSHIP

MEMBERSHIP HOURS
Mon. - Sat. 8:00 am - 5:00 pm.
Sunday by appointment only.

CALENDAR

NOVEMBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 Today Only: The Sunset Grill is Closed, Private Event Lightfoot Dinner 10:45 am Ladies' Golf Clinic 12:00 pm Junior Golf Clinic
3	4	5	6 12:00 pm Men's Club	7 9:00 am WGL	8	9 10:45 am Ladies' Golf Clinic 12:00 pm Junior Golf Clinic
10	11	12 4:00 pm Golf and Greens Committee Meeting	13	14 9:00 am WGL	15 8:00 am Membership and Marketing Committee Meeting	16 Golf Turkey Shoot 10:45am Ladies' Golf Clinic 12:00 pm Junior Golf Clinic
17	18	19	20 5:00 pm Finance Committee Meeting 5:30pm Strategic Planning Committee Meeting	21 9:00 am WGL 4:00pm House Committee Meeting	22 5:00 pm Holiday Trunk Show	23 10:45am Ladies' Golf Clinic 12:00 pm Junior Golf Clinic
24	25	26	27	28 11:00 am Thanksgiving Day Lunch 7:30 am Turkey Trot 5k	29 Athletic Center Committee Meeting	30 9:30 am Turkey Burn 10:45am Ladies' Golf Clinic 12:00 pm Junior Golf Clinic

LEGEND



Meetings



Food



Golf



Fitness



Social

CALENDAR

DECEMBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5 9:00 am WGL	6	7 10:45 am Ladies' Golf Clinic 12:00 pm Junior Golf Clinic
8	9	10 4:00 pm Golf and Greens Committee Meeting	11	12 9:00 am WGL	13 4:00 pm Golf Ship & Shop	14 10:00 am Golf Holiday Shoot 10:45 am Ladies' Golf Clinic 12:00 pm Junior Golf Clinic
15 Santa's Brunch	16	17	18 4:00 pm - House Committee Meeting 5:00 pm Finance Committee Meeting 5:30 pm - Strategic Planning Committee Meeting	19 9:00 am WGL	20 8:00 am - M&M Committee Meeting 4:00 pm Golf Sip & Shop	21 10:45 am Ladies' Golf Clinic 12:00 pm Junior Golf Clinic
22	23	24	25	26 9:00 am WGL	27	28 10:45 am Ladies' Golf Clinic 12:00 pm Junior Golf Clinic
29	30	31				

LEGEND



Meetings



Food



Golf



Fitness



Social

VIEWING LIFE FROM THE TOP



The Fountaingrove Club's new clubhouse embraces the paradox of building a strong and vibrant community upon the devastation wrought by the Northern California fires of 2017. This will be where the dispersed nature of club amenities are brought together to foster interaction by all. This clubhouse encourages use throughout the day by being both a home and flexible work place for members and their guests. It understands that respecting tradition and community means embracing families and welcoming users of diverse interests. Rooted in the natural beauty of the site, the new clubhouse celebrates natural materials, the craft of building with expressive, but minimal detailing and outdoor space conceived as seamless extensions of indoor activities. It embraces wine country ease with understated elegance. Every detail has a purpose, but the open, expansive plan provides unlimited flexibility in creating shared experiences and lasting memories.

CONNECT WITH US
www.thefountaingroveclub.com



The Fountaingrove Club
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Business Office: 3510 Unocal Place #302, Santa Rosa, Ca 95403